





## Where are our Family Hubs located?

-  **Wellingborough Family Hub**  
Penrith Drive, Wellingborough, Northants NN8 3XL
-  **Kettering Family Hub**  
Montagu Street, Kettering, Northants NN16 8RX
-  **East Northants Family Hub** (coming Autumn 2024)  
Oundle Library, Glapthorn Road, Oundle, Northants PE8 4JA
-  **Corby Family Hub**  
Coming Soon

### For more information:

You can find all the information and support you need through our new digital front door. Scan the QR code, or visit the web address below.

[familyhubs.northnorthants.gov.uk](https://familyhubs.northnorthants.gov.uk)



# Family Hubs in North Northants

A one-stop shop where you can get support, information, and advice for you and your family.



## Who are Family Hubs for?

If you live in North Northants and are expecting a baby or are parents/carers of children and young people aged 0-19 (25 with SEND) then you can access services available in the Hubs. There will be a range of services, some will be available to those who have the greatest needs but there are also services available to all for example baby health clinics, adult learning, stay and play, youth activities.



## What are Family Hubs?

Family Hubs are friendly and safe spaces for babies, children, young people and their parents/carers to go when they need help and support. The people who work in the Hubs are friendly and will work with you to help you find and access help from different services in the local area.

They are a single point of contact for families with children 0-19 or up to 25 years old if they have special educational needs and disabilities (SEND) and the staff will be able to give you information, advice and support.

As well as babies and children, we support young people aged 11-19 years (25 with SEND) through our wide range of Youth Service professionals. These can provide access to advice, guidance and signposting on a wide range of topics such as wellbeing services, careers, leisure activities and local youth groups too.



Our early childhood services (from pregnancy until a child's second birthday) are known as **Start for Life**. You can find out more about our Start for Life offer here:

[startforlife.northnorthants.gov.uk](http://startforlife.northnorthants.gov.uk)

## What can we help with?

Family Hubs offer a wide range of help and support, including:



Physical health



Financial advice or support



Wellbeing & mental health



Helping prepare your child for school



Children's behaviour



Infant Feeding

## Getting help from a Family Hub is simple

You could be referred to us, however you are welcome to walk in during opening hours (09:00 - 4:30 Mon - Fri).

Or, you can call us or email us at [familyhubs@northnorthants.gov.uk](mailto:familyhubs@northnorthants.gov.uk).

Wherever you live in North Northamptonshire you will be able to get help from one of our four Family Hub sites, or online from our Digital Front Door.

We look forward to welcoming you.

