Family Hubs North Northants

Our vision:

Children, young people & families are safe, happy and the best that they can be.

What are Family Hubs?

Family Hubs are friendly and safe spaces for babies, children, young people and their parents/carers to go when they need help and support. The people who work in the Hubs are friendly and will work with you to help you find and access help from different services in the local area.

What is Start For Life?

All families may need support to give their babies the best start in life, whether from healthcare professionals, volunteers, family or friends.

If you are pregnant or a parent/carer of a child under two, our Start for Life offer brings all the information and advice you need together in one place, helping you and your growing family access the support you need.



EasyPeasy

Parenting support app with premium features for North Northants residents





easypeasyapp.com

ANYA

Breastfeeding app with premium features for North Northants residents





Dad Pad

Guidance app for new dads, supporting new families in working together for their babies



thedadpad.co.uk

Our Digital Front Door

Find all the information and support you need through our new digital front door.

familyhubs.northnorthants.gov.uk





From pre-pregnancy to two years old







Start for Life 0-2 Journey

Pregnancy

Antenatal Checks - booking at 8 weeks

11 - 14 weeks dating scan

Midwife 14 weeks antenatal contact

From 16 - 32 weeks Whooping Cough vaccine

18 - 21 weeks ultrasound

28 - 36 weeks health visitor antenatal visit

Offer of flu vaccination between Sep - Mar

RSV vaccination between 28 - 36 weeks

Midwife appointments at weeks 24, 28, 31, 34, 36, 38, 40 & 41

Birth

2 day new birth midwife contact

Hearing Screening & NIPE within 72hrs

1/3/5 day feeding assessment call, plus support as required

Continued support from midwife to day 10

6 - 8 week GP check

Health visitor visit day 10 -14

0-1 Year



Health visitor 8 week visit & maternal mood review

8 - 16 weeks first vaccinations

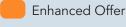
Health visitor 8 - 12 month review

Family Information Service - childcare

Kettering General & Northampton General







0 - 19 NHFT

Family Services

1-2 Years



1 year first MMR vaccine

Support for parent-child relationship

2 Years



Health visitor 2 - 2.5 year review

Family Partnership Service Parenting support

Support for parent-child relationship

Additional Support

available throughout your family's journey...

Specialist Perinatal Mental Health Service

Signposting from Family Hub Connectors

Wellbeing advice (parental & couple)

Support for parent-infant relationship

Milk&You Infant Feeding Peer Support

Antenatal Sessions

Baby Groups

Free Vitamins

Parental Conflict Suppor

DADS AREA

Strong Start

Keeping Baby Safe & Starting Solids Workshops

Supportive Steps

Flourishing Babies

Tobacco Dependency Advisory Service

Free Early 9mths / 4yrs Childcare entitlement