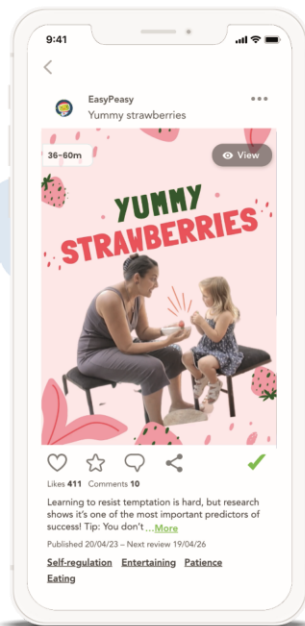


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Please contact us if you have any queries

[familyhubs@northnorthants.gov.uk](mailto:familyhubs@northnorthants.gov.uk)

## **An Introduction to Family Hubs**

### **What are Family Hubs?**

Family Hubs bring together many different services to support families from pregnancy through the early years of childhood and onwards. They support children and young people up to the age of 19, and if they have Special Educational Needs until age 25.

The Hubs are not one building but a network of different physical locations across the local areas, including online virtual support.

### **Who can go to Family Hubs?**

Family Hubs are for parents, carers and families with babies, children and young people who live in North Northants.

### **How can Family Hubs Help?**

All families may need help from time to time, and the Family Hub will make it easier to get help at the right time, by the right person and in the right place.

The Hubs will run groups and sessions on parenting, housing, benefit and debt information, childcare entitlements, and providing services that give babies the best start in life. Our Start for Life Offer can be found here: [www.northnorthants.gov.uk/start-life](http://www.northnorthants.gov.uk/start-life)

Family Hubs will bring together health services (antenatal, maternity, health visitor, school nurses), early years and childcare and education services, youth services, parenting support, safety and relationship support and voluntary sector groups/community groups.

Support can help parents/carers build physical and mental well-being and strong relationships with their baby, children, and partners.

North Northants are one of the 75 Local Authorities that have received funding to implement a three-year Family Hub transformation programme, including delivering funded services (parenting support, parent-child relationships and perinatal mental health support, infant feeding support and HLE (Home Learning Environment services).

### **EasyPeasy digital application**

EasyPeasy is an app-based parenting programme for parents and carers of children from birth to five. It can be used in the family home and alongside work your child completes at their nursery/child minder/play group or school.

The Family Hubs Partnership have commissioned EasyPeasy, to provide all parents, carers, and professionals in North Northamptonshire with two years of free and full access to the digital application from September 2023.