

Dear Parents/Carers

Welcome to your spring/summer menu. This menu will run through to end of may, you can order as many or as little weeks as you wish.

After careful consideration and difficulty with suppliers changing labels we now cannot guarantee that our products are 100% nut free. Increasingly “may contain nuts” “may contain traces of nuts” are appearing on labelling. Whilst we make every effort possible to ensure none of our ingredients or recipes contain nuts we cannot guarantee that contamination has not taken place at source. We regularly check ingredient labelling and no nuts are present on labelling or in bold to indicate the allergen is present but may contain nuts then appears on the label which is where our job becomes difficult. If you have any questions regarding this, please feel free to contact us to discuss further.

If anyone requires a word format order form please email your schools kitchen and they will send you one this way you can save the blank copy, fill it in and email it back to us giving you a copy of the order also.

Our ordering system remains the same you can either pay via bank transfer or cash and you can either email your order to one of the emails below or hand in your order to school.

Here are our bank details for transferring payment:

Sort code: 09-01-28, Account number: 63832500

please use your child’s school and name as reference please. (please ensure a payment is made when booking your meal, all transfers are checked against the order, if no payment is available your order will not be processed. Please note we do not offer a credit service and all debt will be recovered before your child can continue having meals)

If you wish to order, amend an order or have a query please email your kitchens as your kitchens hold all the ordering information.

Please remember when emailing our kitchens that they only work school hours and will reply to you as soon as they can.

Rothwell Infants: lovefoodrothwellinfants@outlook.com	Stanion: lovefoodstanion@outlook.com
Geddington: lovefoodgeddington@outlook.com	Rothwell Juniors: lovefoodrothwelljuniors@outlook.com
Loatlands: lovefoodloatlands@outlook.com	Higham Infants: lovefoodhighaminfants@outlook.com
Rushton: lovefoodrushton@outlook.com	Higham juniors: lovefoodhighamjuniors@outlook.com
Hayfield cross: lovefoodhayfields@outlook.com	Corby old village: lovefoodcorbyoldvillage@outlook.com
Trinity C of E: lovefoodtrinity@outlook.com	Henry Chichele: lovefoodhenrychichele@outlook.com
Wilbarston: lovefoodwilbarston@outlook.com	Nassington: lovefoodnassington@outlook.com
Polebrook: lovefoodpolebrook@outlook.com	King’s Cliffe: lovefoodkingscliffe@outlook.com

Spring/Summer 2017

Paid meals are £2.40

 Love Food		School:					
Name:		Class:		<input type="checkbox"/> FSM	<input type="checkbox"/> Universal free school meal (ks1)		
Date	Mon	Tue	Wed	Thur	Fri	Total	Option codes: M : Meat Jacket potato fillings: V : Vegetarian CH: Cheese LB : Lunch box T: Tuna Wr : Wrap Ci: Chicken JP : Jacket Potato B: Beans Lunch box Fillings: LB: Sandwich WR: Wrap CH : Cheese T: Tuna H : Ham Chi: Chicken
20 th February							
27 th February							
6 th March							
13 th March							
20 th March							
27 th March							
Half term							
17 th April	Easter Monday						
24 th April							
1 st May	Bank Holiday						
8 th May							
15 th May							
22 nd May							
Cash Amount:	£	Bank Transfer amount:		£	Date transferred:/...../.....		
* Please note we do not offer credit accounts, all food booked must have a cash payment or bank transfer which will be checked on the transfer date. * If food is booked and no payment is made your child will not automatically receive a meal, you will be contacted by the school to arrange payment or arrange alternative food provision. * All fsm and fsm meals must be booked, a meal will not automatically be available for your child.							

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 Rushton: lovefoodrushton@outlook.com
 Hayfield cross: lovefoodhayfields@outlook.com
 Trinity C of E: lovefoodtrinity@outlook.com
 Wilbarston: lovefoodwilbarston@outlook.com
 Polebrook: lovefoodpolebrook@outlook.com

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	Week One 20 th Feb, 13 th March 17 th April, 8 th May	Week Two 27 th Feb, 20 th March 24 th April, 15 th May	Week Three 6 th March, 27 th March 1 st May, 22 nd May
Monday	Meat: Pepperoni Pizza (Tomato sauce available) Veg: Cheese and tomato pizza with: Mixed salad and waffles Dessert: Rice Pudding	Meat: Handmade beef burger in a bun Veg: Vegetable grill burger with: Mixed salad and Saut�ed potatoes Dessert: Pancake with strawberry sauce	Meat: Mini toads in the hole Veg: Mini vegetable sausage toad in the hole With: Mashed potato and Mixed veg Dessert: mini milk lolly
Tuesday	Meat: Mild chilli con carne taco's Veg: Meat free chilli con carne taco's With: Rice and Sweetcorn Dessert: Various yoghurts available	Meat: Plain chicken wrap (mayo available) Veg: Vegetable Wrap With: Rice and sweetcorn Dessert: Various yoghurts available	Meat: Summer chicken Paella (no fish) Veg: Vegetable Paella With: Mixed raw peppers, French bread and paella rice Dessert: Various yoghurts available
Wednesday	Meat: Roast Chicken, Roast potatoes, Yorkshire pudding (Gravy available) Veg: Cheese and onion bake With: Carrots and Broccoli Dessert: Strawberry swiss roll	Meat: Roast pork, Roast potatoes, Yorkshire Pudding (Gravy available) Veg: Vegetable casserole With: Mixed veg Dessert: Chocolate swiss roll	Meat: Roast Gammon, Roast potatoes, Yorkshire pudding (Gravy available) Veg: Meat free gammon steak With: Peas and Cauliflower Dessert: Lemon swiss roll
Thursday	Meat: Cheesy ham pasta bake Veg: Macaroni Cheese With: Mixed raw peppers and Garlic bread Dessert: Banana mousse	Meat: Tomato and mascarpone with minced beef Veg: Vegetable Tomato and mascarpone With: Pasta shells, mixed salad and french bread Dessert: Strawberry Jelly	Meat: Ham omelette Veg: Cheese omelette With: Hash browns and beans Dessert: Strawberry Mousse
Friday	Meat: Scampi (Tomato sauce available) Veg: Meat free chicken style nuggets With: Oven baked chips, peas and French bread Dessert: Mixed selection of biscuits	Meat: Fish fingers (Tomato sauce available) Veg: Vegetable fingers With: Oven baked chips, peas and French bread Dessert: Muffins	Meat: Breaded fish (Tomato sauce available) Veg: Mushroom and risotto bake With: Oven baked chips, peas and French bread Dessert: Angel cake

Milk, water and fruit is available every day

Jacket	All Jacket potatoes come with mixed salad and either one of the fillings: Cheese, beans, coleslaw, chilli, tuna mayo.
Lunch Box	choice of sandwich or wrap with a filling of cheese or ham or tuna or chicken with a yoghurt, a piece of fruit, dessert of the day or cereal bar (no nuts) and a snack bag that can contain either: carrot batons, halved tomatoes, sliced grapes, raw peppers, banana chips, cheese and bread sticks or raisins